

North Lincoln County CERT
Wednesday, October 2nd, 2024 6PM - 7:15PM

Via Zoom and in person at Bob Everest Fire Station Training Room. Park and enter the building on the north side of **Station 14**.

Connectivity Information:

Click the link below just before 6PM.

Join Zoom Meeting:

<https://us02web.zoom.us/j/87554116130?pwd=bQFWmMFJCwB7Nj5b8tmZY6RC62MC51.1>

Conference call only:

Call: (253) 215-8782

Meeting ID: 875 5411 6130

Passcode: 442849

*6 to mute/unmute

Zoom Reminders:

- Welcome people to call
- Explains Zoom best practices:
 - Please mute your line if NOT speaking or asking a question.
 - If calling in on your cell phone or landline telephone, Press ***6** to mute or unmute. ***9** to Raise Your Hand.
 - Please only connect via **one device** - prevents feedback

North Lincoln County CERT - September 4th, 2024 Meeting Agenda

- Welcome and Introductions (Board, Guests)
- “This is Just Knots” - Training - The [Zeppelin Bend](#) by Gerry
- Training - Chest Compression Only CPR by Diane and Jamie, to the tune of [Staying Alive](#) by the Beegees!
- Treasurer’s Report
- SignUp Genius Progress for upcoming events:
 - Please sign up for the Spooky Spectacular 5K fun run in Lincoln City, 8:45AM to 12:45PM, October 26th, LC Community Center, map [HERE](#)
- GMRS Communications Exercise @ 7:30PM - reminder, Q&A, confirm participants:
 - **Purpose:** The plan for this test is to practice having a conversation on the radio using the [repeater](#) on “REPT17” ([coverage map](#))
 - Test plan here, it decodes on 462.600Mhz and encodes on 467.600Mhz using a T-CTCS tone of 156.70Hz.
- Reminder - Monthly Member (and guest) meetings
 - November 6th - Planning for 2025, Aha Slides

Training Plan by Month for 2024:

- January 3rd - Disasterville Tabletop exercise (TTX)
- February 7th – Annual Meeting as required by Bylaws and Officer Elections, Household Preparedness Training - OEM Two Weeks Ready Program (Back to Basics), Food, More
- March 6th - Disaster Psychology with Lincoln County Behavioral Health
- April 3rd - Hands on Training for medical skills practice focused on triage and wound care/burns.
- May 1st - Hands on Training doing Fire suppression and utility shutoff practice. Bob Everest Station (Firefighter assistance?)
- June 5th - Guest Speaker - De-escalation Training - Police Department
- July 3rd - TTX training for Field Exercise, Radio Practice after damage assessment
- Saturday, July 7th - practice exterior search field exercise
- August 7th - Skills Building Related - Water purification, using a compass, reading maps, where to group up after a disaster
- September 4th - Medical Skills Practice - splinting using SAM Splints,
- October 2nd - Chest Compressions form of CPR, Hands on, Bob Everest
- November 6th - Planning for 2025, Aha Slides
- December 6th - Holiday Social Event @ Bob Everest Station